

SPORTS ACTIVITIES AT MASARYK UNIVERSITY FACULTY OF SPORTS STUDIES

Some sports and P.E. courses in English are available to all international students regardless of their field of study or Faculty. These courses are offered by the **Faculty of Sports Studies (FSpS)** but also international students from other faculties of Masaryk University can enrol in these courses: www.fsps.muni.cz/courses

Courses details are available in the Information System (IS).

The capacity of these courses is limited, and some of them might be already full, but be patient. Enrolled students can cancel (and some surely will) until the end of course enrolment changes period till **1 March 2020**. You also have to finalize your timetable, enrol or cancel courses by this date!

Free P.E. courses for degree-seeking students

These free courses are dedicated primarily to the degree-seeking students who are required to obtain two credits of physical education during their Bachelor's degree study. ***Other students can also enrol, but it is necessary to send the enrolment exception application in the Information System!***

Code	Course name	Timetable	Location
pg01	Physical Education – Cognitive Hiking	Dates and location will be specified.	
pg02	Physical Education - Fitnessyoga	Tue 13:00 – 14:40	Vinařská large gym
pg03	Physical Education - Volleyball	Tue 17:00 – 18:40	Vinařská large gym
pg04	Physical Education - Climbing	Fri 14:40 – 16:20	Staňkova climbing wall
pg09	Physical Education - Fitness Gym	Thu 13:00 – 13:50	Údolní fitness gym
pg10	Physical Education - Table Tennis	Thu 17:00 – 18:40	Vinařská large gym
pg11	Physical Education - Futsal	Fri 12:00 – 13:40	Vinařská large gym
pg12	Physical Education - Pilates	Wed 9:00 – 10:40	Údolní small gym
pg13	Physical Education – Wellness Fit Prog.	27-29 Mar 2020	Field trip
pg011	PE – Functional and Core Training	Thu 14:00 – 14:50	Údolní small gym
pg017	Physical Education – Summer Course	Dates and location will be specified.	
pg020	Physical Education – Football	Mon 9:00 – 10:40	FC Sparta, Komárov
pg904	Physical Education - Rollpilates	Thu 18:00 – 19:40	Údolní small gym
pg908	Physical Education - Zumba	Tue 20:00-21:40	Údolní small gym
pg910	Physical Education - Floorball	Dates and location will be specified.	

* All PE courses are worth 1 ECTS

Sports courses for sports (FSpS) students

Sports-related courses are offered by specialized departments at FSpS MU. These courses are mainly practical, however, involve also some theory lectures and independent study. Some of these courses require previous knowledge/skills to be enrolled.

Sports-related courses are dedicated mainly to FSpS students. ***Other students can also enrol, but it is necessary to send the enrolment exception application in the Information System!***

Code	Course name	ECTS	Timetable	Location
e005	2D and 3D Motion Analysis	3	Thu 15:00 – 15:50	Campus room A15/207
e007	Sociology in Sport	4	Tue 10:00 – 11:50	Campus room A34/203
e008	First Aid	3	Thu 11:10 – 12:50	Campus room A34/203
e013	Outdoor Activities	3	Wed 15:00 – 16:40	Veslařská 181/3 centre
e016	Table Tennis	2	Fri 11:00 – 11:50	Vinařská large gym
e017	Futsal	2	Tue 13:50 – 15:30	Rybnická 75
e018	Fitness	3	Mon 12:00 – 13:40	Campus gym A34/118
e020	Body and Mind	2	Wed 8:40 – 9:30	Campus gym A34/118
e022	Strength Training and Conditioning	4	Mon 7:00 – 8:40 Tue 12:00 – 12:50	Campus gym A34/147 Campus room A33/103
e026	Management in Sport	4	Wed 19.2. - 18.3.*	Campus room A33/306
e028	Physiology of Sports and Exercise	5	Mon 9:30 – 11:10	Campus room A11/235
e029	Self Defence	2	Wed 12:50 – 13:40	Campus gym A34/117
e033	Gymnastics	3	Tue 9:30 – 11:10	Campus gym A34/119
e035	Basic Techniques of Sports Massage	4	Mon 15:20 – 16:10 Tue 7:50 – 9:30	Campus room A15/207 Seminar room Vinařská
e039	Theory & Practice of Personal Safety	5	Tue 8:20 – 10:20	Campus room A11/236
e054	Applied Sports Nutrition	4	Mon 11:10 – 12:50	Campus room A11/235
e056	International Sport Management	5	6-8 Apr, 14-15 Apr*	Campus room A33/207

* See timetable details in IS.

P.E. and Sports Courses for students with fee

Haven't you found any interesting course for you? You can also have a look at a wider offer of PE courses in the Shopping Centre in IS: https://is.muni.cz/obchod/fakulta/fsp/s/placena_tv/?lang=en

Majority of these courses are taught in the Czech language. Nevertheless, in most of the courses, it should not be a problem for international students to follow the class. A fee is required for these courses, but the price is lower than in usual commercial fitness centres. You can pay the fee through the Shopping Centre.

Courses: box, aerobic, volleyball, zumba, fitness gym, spinning, SM system, bodystyling, yoga, fitness yoga, acro yoga, pilates, basketball, self-defense, bosu, capoeira, ballet, systema, street dance, self-defence, juggling, floorball, table tennis and many others

Registration is open. Some of the courses might be already full ("vyprodáno").

Fitness gym in the Bohunice Campus

Fitness gym at the Faculty of Sports Studies at the Campus is available to students, when there is no class. You can view the fitness gym schedule on the FSpS website: <https://muni.cz/go/b183aa>

The price is 70 CZK per one entrance or 500 CZK per 10 entrances. You can pay the fee at the faculty cash office (building A33, office 206). Before entering the fitness gym you should show your card at the FSpS reception.

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